

Walk-In-Clinics that Offer COVID-19 Testing

all clinics ask that you call ahead or book a spot online if you have symptoms of COVID-19

1. City MD

- 18 locations in Suffolk County
- Offers testing but only for high risk patients, or those with severe symptoms based on CDC guidelines.

Locations

- West Babylon
- Bay Shore (2 locations)
- Commack
- Copiague
- Cutchogue
- Deer Park
- Farmingville
- Lake Grove
- Lindenhurst
- Merrick
- Port Jefferson Station
- Riverhead
- Rocky Point
- Ronkonkoma
- Sayville
- Selden
- Shirley
- Smithtown

2. LI Urgent Care

2 locations in the County offer testing based on CDC guidelines.

- West Babylon
- Manorville

3. Patchogue Urgent Care, P.C.

Offers testing based on CDC guidelines.

- Patchogue

4. Excel Urgent Care

2 locations in the County offers testing based on CDC guidelines.

- Nesconset
- East Northport

5. Northwell Health - Go Health Urgent Care

11 locations in the County Offers testing based on CDC guidelines.

- Sayville
- Lake Grove
- Port Jefferson
- Riverhead
- Commack
- West Islip
- Huntington
- Huntington Station
- Hampton Bays
- Amityville
- Bridgehampton

6. CareMed

6 locations in the County Offers testing based on CDC guidelines.

- Patchogue
- West Babylon
- Coram
- Bay Shore
- Miller Place
- Riverhead

7. American Family Care - Urgent Care

1 location in the County

- Offers testing based on CDC guidelines.
- West Islip

Grocery Stores in Suffolk County that Offer Delivery

1. **Stop & Shop operates 26 locations in Suffolk County. Each can be contacted for delivery using their Peapod service on the Stop & Shop website and inputing your zip code. There is a \$9.95 fee.**

https://www.peapod.com/?_ga=2.66452782.1696284501.1585159380-399188919.1585159380

- Medford
- Holbrook
- Farmingville
- Smithtown
- Islandia
- Sayville
- Coram
- Lake Ronkonkoma
- Rocky Point
- South Setauket
- Shirley
- East Islip
- Setauket-East Setauket
- Riverhead
- Farmingdale
- Huntington
- East Northport
- Deer Park
- West Islip
- West Babylon
- Miller Place
- Hampton Bays
- Northport
- Amityville
- Southampton
- East Hampton

2. **Aldi operates 6 stores in Suffolk County. They provide delivery via their website by inputing your zip code. There is a \$2.00 fee.**

<https://shop.aldi.us/store/aldi/storefront>

- Selden
- Patchogue
- Lake Grove

- Lindenhurst
- Bay Shore
- Riverhead

3. Shoprite operates 10 stores in Suffolk County. Similar to Stop & Shop and Aldi, you can have groceries delivered by inputting your zip code on their website. There is a \$10.00 fee.

<https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home>

- Patchogue
- Selden
- Lake Ronkonkoma
- Hauppauge
- Commack
- Riverhead
- Port Jefferson
- Bay Shore
- Deer Park
- West Babylon

4. Whole Foods operates 2 locations in Suffolk County. They deliver using Amazon Prime which costs \$119 a year.

- Lake Grove
- Commack

<https://www.wholefoodsmarket.com/grocery-delivery-and-pickup>

5. LIDI, Best Market, and Target require a Shipt account to deliver. There is a \$49.00 fee to join.

<https://www.shipt.com/>

6. C-Town operates 4 stores in the County. Delivery fee is based on the distance and driving time from the store to your home. Delivery fees typically range from \$4 to \$12 and may vary depending on the time of day. There is currently a free delivery promo code on their website.

<https://www.ctownfarmersmarket.com/shop/home>

- Farmingville

- Central Islip
- Huntington
- Amityville

311 FAQs March 26, 2020 3:00 update

The highlighted portions include new information for today

Individuals seeking testing-March 26, 2020 2:45pm

Despite numerous attempts by the Suffolk County Health Department to correct, the NYSDOH hotline continues to give out unclear messages to callers.

We apologize for this inconvenience. If you called the NYS Hotline looking for an appointment for COVID-2019 testing and they took your contact information, the NYS DOH will call you back to schedule an appointment if testing is necessary.

Your request and contact information is not shared with the Suffolk County Health Department.

In addition, the Suffolk County Health Department is not arranging testing.

We recommend that you call the NYS hotline or use the NYS portal to request testing. Another option is to call your doctor's office or local urgent care to inquire about testing opportunities."

NYS Department of Health Online COVID 19 Screening 2 options-March 26, 2020

NYSDOH launched a online screen tool for COVID 19 screening

If you are concerned about COVID-19 and would like to take an online assessment, please access this link <https://covid19screening.health.ny.gov/covid-19-screening/> If you meet the criteria, you will receive a callback from NYS to schedule a test.

NYS Department of Health Testing

Suffolk County residents who want to make an appointment for the test can call the NYS Coronavirus Hotline **1-888-364-3065** and they will be triaged by a nurse or a healthcare professional.

Walk-In-Clinics that Offer COVID-19 Testing-March 26, 2020-March 26, 2020

***all clinics ask that you call ahead or book a spot online if you have symptoms of COVID-19*
Please see attached document**

How can I get my COVID-19 test results?-Updated March 26, 2020-2:30pm

If you were tested at the mobile site at Stony Brook University, you will be notified by the New York State Department of Health. **If NYS is telling you to call your local health department, that information is inaccurate.**

You may also access your results directly.

<https://www.bioreference.com/patient-portal/>

Create a patient portal account with BioReference Laboratories to access your results. Follow these instructions to create a BioReference patient portal account. You can also contact BioReference Laboratories at 833-469-5227.

Individuals reporting that a company is not complying with Governor Cuomo Executive Order-March 26, 2020

If someone calls in to report that a business is not complying with Governor Cuomo's Executive Order regarding essential businesses:

Non Essential Businesses Operating please call 631-852-COPS (311 caller should call 631-852-COPS) Pertinent to: **retail violations, bars, restaurants, gyms, barber shops etc., and people congregating outside.**

Essential Businesses with Operating Practice Concerns (inclusive of industrial and manufacturing)

Please transfer the call to the Suffolk County Business Recovery Unit (BRU)

- We will contact businesses to ensure that they understand the executive orders and have required PPE (Inform, educate, connect)
- Continued complaints will be forwarded to Attorney General's Office

Updated CDC Guidance- COVID 19-March 26, 2020

If a positive case is seeking information and/or testing to end isolation period, advise that Suffolk County Dept. of Health Services approval is required but additional testing may not be required if following criteria are met as established by the CDC:

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); and,
- At least 7 days have passed since symptoms first appeared.

Individuals with laboratory-confirmed COVID-19 who have not had any symptoms may discontinue home isolation when at least 7 days have passed since the date of their first positive COVID-19 diagnostic test and have had no subsequent illness.

VBS 3/26/2020

Testing may be needed for those who are immunocompromised.

All callers who identify as positive case seeking information on discontinuation of isolation can be referred to 4-0333 for discussion with public health nurse.

HEAP PROGRAM-March 26, 2020

During business hours M-F 8-4pm 631-853-8820

Outside of regular business hours ES should be contacted at 631-854-9100

SCOPE Education Services

Emergency Child Care Programs-March 26, 2020

Eligibility to Attend

- SCOPE Emergency Child Care Programs are available to the children of first responders, medical service providers, transit workers and where space permits, other essential workers.
- Enrollment is on a first come first serve basis and enrollment may be limited based on space and/or staffing.
- Children must be school age Pre-K (must have turned 4 by 12/1/2019)-Grade 6. Priority will be given to the families of the school district in which the program is held.
- Days/Hours of Operation
- Program will be open Monday – Friday. From 7:00 A.M. – 6:30 P.M.

At this time, the Governor of NYS has determined that all businesses, with the exception of essential businesses, must remain closed. **Therefore only the children of first responders and medical service providers, transit workers and essential workers may attend these programs.** If your school district has selected to participate in the SCOPE Emergency Child Care Program, tuition is free.

Please check with your school district or district web site in order to determine eligibility. Information may be found on your school district web site.

Registration

Registration information is found on line at www.scopeonline.us. Click on the red button for Emergency Child Care. Children must be registered on line prior to attending. Once registration is complete, you will receive a notification by email. Children may not attend the program until all information is completed and your registration is confirmed.

Child Care Update-March 26, 2020

For assistance in finding child care please contact the Child Care Council of Suffolk hotline # 646-926-3784. We are prioritizing child care for essential workers, including health care workers, first responders, grocery and pharmacy employees and others who are critical to keep our essential supports operational. Payment is required for these services

Individuals Seeking Grocery Delivery Services

Please see attached sheet

Individuals Reaching Out for Domestic Violence Assistance-March 26, 2020

If you are in immediate danger call 911 immediately.

If you or someone you know is being hit, pushed, verbally and/or sexually assaulted, help is available.

The numbers below can provide information, resources and a listening ear. Call anytime 24 hours a day, 7 days a week.

Crime Victim Hotlines:

Crime Victims 24 hour Hotline 631-332-9234

Hate Crime Hotline 631-626-3156

Sex Offender Tip line Call 1-(855) PFML TIP or 631-316-3237

V.I.B.S. Victims Information Bureau, Suffolk: 631-360-3730 x 112

L.I. Against Domestic Violence Hotline: 631-666-8833

L.I. Against Domestic Violence Office Phone: 631-666-7181

Brighter Tomorrows Inc.: 631-395-1800 Ext 110

Crime Victim Center (formerly Parents for Megan's Law): 631-689-2672

Crime Victim Center (formerly Parents for Megan's Law) All Violent Crime Hotline: 631-626-3156

Crime Victim Center (formerly Parents for Megan's Law) Rape Crisis Hotline: 631-332-9234

The Retreat: 631-329-4398

Suffolk County Division of Community Mental Hygiene Services
Behavioral Health Resources

The current health crisis posed by COVID-19 has limited many of the Behavioral Health resources normally available to our community. With the recent CDC and NYS Department of Health recommendations banning gatherings of (10) individuals or more, many community supports are (temporarily) suspending their meeting places to prevent the spread of COVID-19. We understand the impact this may have on many Suffolk County residents. We would like to let you know that help is still available! Check out this list of resources!

NYS COVID-19 Emotional Support Line/Reach Out Call to speak with specially trained volunteers who can help	1844-863-9314
<u>Crisis Text Line:</u> anonymous texting service available 24/7.	Text GOT5 to 741741.
<u>SAMHSA Disaster Distress Helpline:</u> Provides 24/7 crisis counseling and support to people	<u>1-800-985-5990</u>

experiencing emotional distress related to natural or human-caused disasters.	
Suffolk County Crisis Response - DASH (Diagnostic, Assessment, and Stabilization Hub) 24/7 Hotline, mobile services, and walk in services 90 Adams Ave., Hauppauge, NY 11788 www.fsl-li.org/help-services/diagnosis-assessment-and-stabilization-hub-dash/	(631) 952-3333
CPEP Program at Stony Brook (Psychiatric ER)	(631) 444-6050
Crisis Residence (Pilgrim)	(631) 761-2929
Domestic Violence, Sexual Assault 24-hr. Hotline	(631) 360-3606
<u>Domestic Violence:</u> Advocates are available 24/7 to talk to anyone who is experiencing domestic violence, looking for information or questioning unhealthy aspects of their relationship.	1-800-799-SAFE/7233
Community Crisis Action Team/Joe's Project – Family Service League	(888) 375-2228
Response Hot Line - www.responsehotline.org	(631) 751-7500
LICADD Substance Abuse Hotline 24-hr. Hotline www.licadd.org	(631) 979-1700
Suicide Prevention Lifeline	800-273-TALK (8255)
Talbot House, 24-hr. Substance Abuse Crisis	(631) 589-4144
APS (Adult Protective Services)	(631) 854-3195
CPS (Child Protective Services)	(800) 342-3720
Long Island Crisis Center	(516) 679-1111
SC Department of Social Services Emergency Services-Hotline (4:30pm- 8 am)	(631) 854-9100

SC Department of Social Services Commissioner's Response Unit (8am-4:30pm)	(631) 854-9935
Sagamore Children's Crisis Respite House & Suffolk Crisis Respite Bed Network	(631) 370-1701
Children's Home Based Crisis Intervention (WELLLIFE Network LINK)	(631) 920-8302
Veterans Crisis Line – www.veteranscrisisline.net	1-800-273-8255
Northport VA Medical Center	631-261-4400
Association for Mental Health and Wellness (MHAW) Family Support Line:	631-226-3900
Association for Mental Health and Wellness (MHAW) Peer Support Line Online peer support groups http://mhaw.org/programs/online-peer-support-groups	631-471-7242 ext. 1217
Association for Mental Health and Wellness (MHAW) Mental Health Helpline <u>Phone and Online Self Help Resources</u>	631-471-7242
Phone and Online AA Meetings: https://aa-intergroup.org/directory_telephone.php	
NA Meetings Online: https://tinyurl.com/NAonline	
Emotions Anonymous	651-647-9712
Suffolk AA Intergroup	631-669-1124
Suffolk NA	631-689-6262
SMART Recovery Online Community: smartrecovery.org/community/	

Small Business Assistance

Economic Injury Disaster Loan Program

Small business owners in all U.S. states and territories are currently eligible to apply for a low-interest loan due to Coronavirus (COVID-19). [Click here to apply.](#)

Find more information on the SBA's Economic Injury Disaster Loans at: SBA.gov/Disaster.

The SBA will work directly with state Governors to provide targeted, low-interest loans to small businesses and non-profits that have been severely impacted by the Coronavirus (COVID-19). The SBA's Economic Injury Disaster Loan program provides small businesses with working capital loans of up to \$2 million that can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing.

SBA Express Bridge Loans

Express Bridge Loan Pilot Program allows small businesses who currently have a business relationship with an SBA Express Lender to access up to \$25,000 with less paperwork. These loans can provide vital economic support to small businesses to help overcome the temporary loss of revenue they are experiencing and can be a term loans or used to bridge the gap while applying for a direct SBA Economic Injury Disaster loan. If a small business has an urgent need for cash while waiting for decision and disbursement on Economic Injury Disaster Loan, they may qualify for an **SBA Express Disaster Bridge Loan**.

Terms

- Up to \$25,000
- Fast turnaround
- Will be repaid in full or in part by proceeds from the EIDL loan

Find an Express Bridge Loan Lender via SBA's Lender Match Tool or by connecting with your local SBA District Office.

Suffolk County Department of Health Updated Guidance for School Districts (See attachment)

As a result of the increasing number of positive test results in our County, the Department of Health Services is updating its guidance to school districts. School districts no longer need to report positive cases to the local health department. We will also not be able to contact you should we identify a positive case in your district. Please note that if we have concerns about an exposure and need to identify close contacts, the Suffolk County Department of Health will be in touch with you. (See attachment)

Updated Directive regarding Essential Businesses-Horticulture Industry (inclusive of landscapers)

For horticultural operations, the Department defines the following businesses/activities as consistent with Executive Order 202.6:

- Production, movement, maintenance, and sale of vegetable plants, nursery stock, trees, plants, and flowers at greenhouse and nursery operations.
- Tree and shrub trimming and removal for disease, safety, and public health purposes.
- The placement and ground maintenance of sod, landscaping plants, flowers, ornamentals, and trees on residential and commercial grounds.
- Transportation necessary to meet any of the above functions.
- Agribusiness, including the sale and application of pesticides, herbicides, fertilizers, and minerals, that support any of the above functions.